

## box lunches



**All Sandwich Box Lunches served with chips or pretzels and one of our enormous Grizzly Bear Cookies:**

Cinnamon Sugar, Oatmeal Raisin, Chocolate Chip or White Chocolate Macadamia.

Add choice of side for \$1.29 each. Choose from: Fresh Fruit cup, Potato Salad or Macaroni Salad.

## good for The group

### Classic American Combo Box \$7.99/Box

Honey ham, oven-roasted turkey, American cheese, lettuce and tomatoes on your choice of wheat, sourdough, seeded rye, sunflower or a Bear Rock roll.

### Bear Rock Grub Box \$8.49/Box

Sliced-to-order deli meats, Swiss cheese, lettuce and tomatoes on a Bear Rock roll. Served with fresh fruit cup.

### Chicken Salad Croissant Box \$7.99/Box

Bear Rock's creamy chicken salad on a flaky croissant.

## cafe boxes

### Garden Sandwich Box \$7.49/Box

Havarti cheese, lettuce, tomatoes, sprouts, red peppers, mushrooms, cucumbers, red onions and Roasted Garlic Tomato Spread on sunflower seed bread.

### Giant Panda Wrap Box \$7.99/Box

Grilled chicken, salad greens, tomatoes, red onions, red peppers, cucumbers, mushrooms and chow mein noodles in a whole wheat tortilla. Oriental Sesame dressing on the side.

### Grilled Chicken Wrap Box \$7.99/Box

Grilled chicken, salad greens, Cheddar cheese, red onions, red peppers and Roasted Garlic Tomato Spread on a whole wheat tortilla.

### Rising Sunflower Box \$7.99/Box

Smoked turkey, Provolone cheese, lettuce, tomatoes, roasted red peppers, red onions and pesto mayonnaise on sunflower seed bread.

### Hoot Owl Box \$7.99/Box

Oven-roasted turkey, Havarti cheese, mayonnaise, lettuce, tomatoes, sprouts and Vidalia Onion dressing on sourdough.

### Rockslide Box \$7.99/Box

Roast beef, Cheddar cheese, lettuce, tomatoes, Creamy Horseradish sauce and mayonnaise on a baguette.

### The Moose Box \$8.49/Box

Honey ham, roasted turkey, Cheddar cheese, Swiss cheese, bacon, lettuce, tomatoes, mayonnaise and BR Honey Mustard on toasted whole wheat, stacked three high.

*"Good for the Group" box lunches served with BR Honey Mustard and mayonnaise on the side.*

## garden fresh salad boxes

### Premium Garden Fresh Salad Box \$7.99/Box

**Napa Valley Salad** – Fresh field greens and mesclun mix, sliced julienne smoked turkey, red onions, bacon, mushrooms, pecans and tomatoes. Topped with sun-dried cranberries and Gorgonzola crumbles. Served with Pinot Noir Shallot Vinaigrette.

**Nuevo Poblano Salad** – Fresh field greens and mesclun mix, grilled chicken strips, red peppers, red onions, grilled corn kernels, black beans, Cheddar cheese and tomatoes. Sprinkled with chopped chives and served with creamy Roasted Poblano dressing.

### House or Caesar Salad Box \$6.99/Box

**House Salad** – Salad greens, cucumbers, mushrooms, red peppers, red onions, tomatoes, homemade croutons and your choice of dressing.

**Caesar Salad** – Romaine, Parmesan cheese and homemade croutons tossed in creamy Caesar dressing.

**Blackened Chicken Salad** – Fresh salad greens, blackened chicken breast, Cheddar cheese, red onions, cucumbers, mushrooms, red peppers, tomatoes and homemade croutons. Served with Ranch dressing.

**Mikonos Grilled Vegetable Salad** – Fresh field greens and mesclun mix, grilled flatiron steak, tomatoes and red onions. Served with Honey Pommery Mustard Vinaigrette. Topped with onion tumbleweed, Gorgonzola crumbles and homemade croutons.

**Chicken Caesar Salad** – Romaine, grilled chicken breast, Parmesan cheese and homemade croutons tossed in creamy Caesar dressing.

*All garden fresh salad boxes served with dressing and a cookie.*

## party Trays & bowls

### hand crafted sandwich Tray Trio

Party trays recommended to serve a minimum of eight people.

### Meat & Cheese Tray \$5.99 per person

Select honey ham, smoked turkey, corned beef, oven-roasted turkey, roast beef or salami, plus your choice of Cheddar, Swiss or Provolone cheese. BR Honey Mustard and mayonnaise on the side.

### Bread Tray \$1.99 per person

Choose from our selection of freshly-baked breads: croissant, sourdough, whole wheat, seeded rye, sunflower seed, baguette, Bear Rock rolls or three-cheese Kaiser rolls.

### Fresh Topping Tray \$2.49 per person

Any five of the following toppings: lettuce, tomatoes, red onions, mushrooms, sprouts, cucumbers, squash, banana peppers, dill pickle slices, red peppers or jalapeños.



### Bear Rock Sandwich Tray \$4.99 per person

Your choice of delicious deli meats, cheeses and breads, plus lettuce and tomatoes. BR Honey Mustard and mayonnaise on the side.

### Fresh Fruit Bowls \$2.49 per person

A heaping bowl of seasonal fresh fruit.

### Soup for the Group \$4.49 per person

(minimum of eight people per flavor) Serve any of our daily hot & savory soups to your group.

### Wrap Tray \$5.99 per person

Your choice of freshly-prepared wrap: Giant Panda Wrap, Grilled Chicken Wrap or Turkey Basil Wrap.

### Deli Combination Tray \$5.99 per person

A tray of sandwiches made with your choice of bread, meat and cheeses. A second tray with any five of the following toppings: lettuce, tomatoes, red onions, mushrooms, sprouts, cucumbers, squash, banana peppers, dill pickle slices, red peppers and jalapeños. BR Honey Mustard and mayonnaise on the side.

### Garden Fresh Salad Bowl \$2.99 per person

Fresh salad greens tossed with tomatoes, cucumbers, mushrooms, red peppers, red onions and homemade croutons. Your choice of dressing on the side: BBQ Ranch, Blue Cheese, Caesar, Fat-Free Ranch, Honey Mustard, Oil & Vinegar, Oriental Sesame, Pinot Noir Shallot Vinaigrette, Ranch, Roasted Poblano, Thousand Island or Vidalia Onion.

## snack Trays & sides

### Chips & Pretzels \$0.79 per bag

Individually-bagged rippled potato chips, BBQ potato chips and pretzels (\$1.19 per bag for Baked Lays).

### Vegetable Tray \$1.99 per person (minimum of 8 people)

A seasonal blend of fresh garden vegetables served with Roasted Poblano dipping sauce.

### Finger Sandwich Tray \$3.49 per person

Your choice of delicious deli meats, cheeses and breads, plus lettuce and tomatoes, cut into quarters and neatly arranged on a tray. BR Honey Mustard and mayonnaise on the side.

### Deli Salad Bowl \$1.89 per person (minimum of 8 people)

Your choice of Potato Salad or Macaroni Salad.



## baked potato bar

### Baked Potato Bar \$4.49 per person (for a minimum of 8 people; one potato per person)

Hot, one-pound russet baked potatoes served with butter, sour cream, shredded Cheddar cheese, bacon bits and chopped chives on the side.



# breakfast & full day meetings

## Fresh Pastry & Fruit Box \$3.99/Box

Choice of a freshly-baked pastry and seasonal fresh fruit cup.

## Fresh Pastry & Fruit Bowl \$3.99 per person

Select an assortment of our freshly-baked pastries. Accompanied by a heaping bowl of seasonal fresh fruit.

## Fresh Pastry Tray \$2.99 per person

Select an assortment of our freshly-baked pastries.

## Muffin Tray \$2.99 per person

An assortment of freshly baked muffins.

**Hosting a full-day event? With Bear Rock Catering as your hosting partner, you'll be certain everyone will stay happy all day long. See the Breakfast, Box Lunch & Party Tray sections for complete item descriptions.**

## All Day Trays \$10.49 per person

A combination of our Fresh Pastry & Fruit Bowl selection for breakfast and a Bear Rock Sandwich Tray with chips for lunch.

For the freshest offering, we deliver twice - once for breakfast and again right before lunch.



# BEAR ROCK Catering



Business lunches  
Office functions  
Breakfast meetings  
Conferences  
Family reunions  
Tailgating  
Graduations  
Parties  
Birthdays

# delectable desserts

## Grizzly Bear Cookie Tray \$1.99/person

Enormous, soft, chewy and delicious cookies made with the finest ingredients. Choose from Cinnamon Sugar, Oatmeal Raisin, Chocolate Chip or White Chocolate Macadamia Nut.

## Brownie Tray \$2.49/person

Several varieties to choose from, each as delightfully indulgent as the next.



# refreshing beverages

## Iced Tea & Lemonade

Coffee-in-a-box (96 oz.)

Canned Soft Drinks

## Asst. Bottled Beverages

Bottled Water



- Ask about Delivery or Easy Pick-Up
- House Accounts Available
- All food orders include utensils, napkins & plates upon request
- All gallon beverage orders include ice & cups upon request

Bear Rock Cafe  
2706 W Mallard Creek Church Rd  
P: 704-549-9887 F: 704-549-9799  
charlotte@bearrockcatering.com



gather around great taste

